



Health Officer Directive No. 2020-20

Appendix C: Patient, Client, and Support Person Screening Questions

Patients, clients, and support persons must answer the following questions before or at the start of any in-person appointment or procedure. For any answer that is “yes,” the requirements of the Directive must be followed and the in-person care should be postponed unless it can occur safely. Support persons who answer “yes” to any question are not allowed to participate in person.

Part 1 (screening questions to be answered by the patient, client, and support person):

1. Within the last 10 days have you been diagnosed with COVID-19 or had a test confirming you have the SARS-CoV-2 virus?
2. Do you live in the same household with or have you had close contact* with someone who in the past 14 days was diagnosed with COVID-19, was in isolation or quarantine, or had a test confirming they have the SARS-CoV-2 virus?

If the answer to either question is “yes”, follow the steps listed in Part 2 below.

3. Have you had any one or more of these symptoms today or within the past 24 hours which is new or not explained by a pre-existing condition?

- Fever, chills, or repeated shaking/shivering
- Cough
- Sore throat
- Shortness of breath, difficulty breathing
- Feeling unusually weak or fatigued
- Loss of your sense of taste or smell
- Muscle pain
- Headache
- Runny or congested nose
- Diarrhea

If the answer to Question 3 is “yes”, follow the steps listed in Part 3 below.

Part 2 – If you answered “yes” to Questions 1 or 2:

- If you answered **yes to Question 1:** you are subject to the Health Officer Isolation Directive. **Follow Isolation Steps** in the Guidance Packet. Your care may need to be postponed.
- If you answered **yes to Question 2:** you are subject to the Health Officer Quarantine Directive. **Follow Quarantine Steps** in the Guidance Packet. Your care may need to be postponed.
- The meaning of the term *close contact is explained in the Guidance Packet. The Guidance Packet is available at: <https://www.sfcddcp.org/Isolation-Quarantine-Packet>

Part 3 – If you answered “yes” to Question 3:

You may have the SARS-CoV-2 virus and **should be tested for the virus**. Your care may need to be postponed, depending on the ability of your provider to safely provide care. You should not go to work for at least **10 calendar days**. In order to return to work sooner and to protect those around you, you should take these steps:

1. Contact your usual healthcare provider about getting tested for the virus, or sign up for free testing from CityTestSF at <https://sf.gov/citytestsf>. If you live outside the City, you can check with the county where you live, get tested by your usual healthcare provider, or use CityTestSF.
2. Wait for your test results at home while minimizing exposure to those you live with. A good resource is <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>.
3. If your result is positive (confirms that you have the virus), go to **Part 2** above and follow **Isolation Steps**.
4. If your result is negative, do not return to work until you have had at least **3 days** in a row without fever and with improvements in your other symptoms. Consult your healthcare provider to decide.